



TABLE 1: ALBERTA Type P first aid kit compared to CSA Type 1: personal first aid kit

Type P first aid kit (previous)	Quantity	Type 1: Personal first aid kit (new, based on CSA standard)	Quantity
Sterile adhesive dressings assorted sizes, individually packaged	10	Adhesive bandages, sterile, assorted (standard strip, large fingertip, knuckle, large patch)	16
10 x 10 cm sterile gauze pads, individually packaged	5	Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	6
10 x 10 cm sterile compress dressing, with ties	1	Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in)	2
Antiseptic cleansing towelettes, individually packaged	5	Antiseptic wound cleansing towelette, individually wrapped	6
Cotton triangular bandage	1	Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in)	1
Waterproof waste bag	1	Biohazard waste disposal bag (single use)	1
Pair of disposable surgical gloves	1	Examination gloves, disposable, medical grade, one-size, non-latex, powder free	2 pairs
		Adhesive tape 2.5 cm x 2.3 m (1 in x 2.5 yd) <u>NEW</u>	1 roll
		Antibiotic ointment, topical, single use <u>NEW</u>	2
		Conforming stretch bandage, relaxed length, individually wrapped, 5.1cm x 1.8 m (2 in x 2 yd) <u>NEW</u>	1 roll
		Hand/skin cleansing towelette, individually wrapped (or equivalent) <u>NEW</u>	4
		Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in) <u>NEW</u>	1
		Contents list <u>NEW</u>	1

Change highlights: First aid – Part 11 in the OHS Code

TABLE 2: Alberta No. 2 first aid kit compared to CSA Type 2: basic first aid kit

Alberta No. 2 first aid kit (previous)	Quantity	Type 2: Basic first aid kits (new, based on CSA standard)	Quantity		
			Sm	Med	Lg
Sterile adhesive dressings, individually packaged	50	Adhesive bandages, sterile, assorted sizes (standard strip, large fingertip, knuckle, large patch)	25	50	100
10 x 10 cm sterile gauze pads, individually packaged	20	Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	12	24	48
Sterile abdominal dressing, 20 x 20 cm	1	Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 x 9 in)	1	2	2
10 x 10 cm sterile compress dressing, with ties, individually packaged	3	Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm x 1.8 m (2 in x 2 yd)	1 roll	2 rolls	4 rolls
Conform gauze bandages 75 mm wide	2	Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8 m (3 in x 2 yd)	1 roll	2 rolls	4 rolls
15 x 15 cm sterile compress dressings with ties, individually packaged	3	Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (4 x 4 in)	2	4	8
Cotton triangular bandages	4	Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in)	2	4	8
Antiseptic cleansing towelettes, individually packaged	10	Antiseptic wound cleansing towelette, individually wrapped	25	50	100
Resuscitation barrier device, with one-way valve	1	CPR resuscitation barrier device, with one-way valve	1	1	1
Pair of disposable surgical gloves	6	Examination gloves, disposable, medical grade, one-size, non-latex, powder free	4 pairs	8 pairs	16 pairs
Waterproof waste bag	1	Biohazard waste disposal bag, single use	1	2	2
Pair of scissors	1	Bandage scissors, stainless steel (with angled, blunt tip). minimum 14 cm (5.5 in)	1	1	1
Pair of tweezers	1	Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1	1	1
Inventory of kit contents	1	Contents list	1	1	1
First aid instruction manual (condensed) <u>NO LONGER REQUIRED</u>	1	Adhesive tape, 2.5 cm (1 in) <u>NEW</u>	2.3 m	4.6 m	9.1 m
Sterile, dry eye dressing <u>NO LONGER REQUIRED</u>	1	Antibiotic ointment, topical, single use <u>NEW</u>	6	12	24
Safety pins, assorted sizes <u>NO LONGER REQUIRED</u>	8	Hand/skin cleansing towelette, individually wrapped (or equivalent) <u>NEW</u>	6	12	24
		Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in) <u>NEW</u>	1	1	1

Type 2 kits are for basic first aid in low and medium risk work environments. Small kits are for two to 25 workers per shift; medium, 26 to 50 workers per shift; large, 51 to 100 workers per shift. Consult Tables 5, 6 and 7 in Schedule 2 of the Occupational Health and Safety Code directly to know what first aid kit is required at your work site.

Change highlights: First aid – Part 11 in the OHS Code

TABLE 3: Alberta No. 3 first aid kit compared to CSA Type 3: intermediate first aid kits

Alberta No. 3 first aid kit (previous)	Quantity	Type 3: Intermediate first aid kits (new, based on CSA standard)	Quantity		
			Sm	Med	Lg
Sterile adhesive dressings assorted sizes, individually packaged	100	Adhesive bandages, sterile, assorted (standard strip, large fingertip, knuckle large patch)	25	50	100
10 x 10 cm sterile gauze pads, individually wrapped	50	Gauze pad, sterile individually wrapped, 7.6 x 7.6 cm (3 x 3 in)	12	24	48
Sterile abdominal dressing, 20 x 20 cm	4	Abdominal pad, sterile, individually wrapped, 12.7 x 22.9 cm (5 x 9 in)	1	2	4
10 x 10 cm sterile compress dressing, with ties	6	Conforming stretch bandage, relaxed length, individually wrapped, 5.1 cm x 1.8 m (2 in x 2 yd)	1 roll	2 rolls	4 rolls
Conform gauze bandages 75 mm wide	6	Conforming stretch bandage, relaxed length, individually wrapped, 7.6 cm x 1.8 m (3 in x 2 yd)	1 roll	2 rolls	4 rolls
15 x 15 cm sterile compress dressings with ties, individually packaged	6	Compress/pressure dressing with ties, sterile, 10.2 x 10.2 cm (6 x 6 in)	1	2	4
Cotton triangular bandage	12	Triangular bandage, cotton, with 2 safety pins, 101.6 x 101.6 x 142.2 cm (40 x 40 x 56 in)	2	4	8
Adhesive tape, 25 mm x 4.5 m roll	2	Adhesive tape 2.5 cm (1 in), quantity represents total length required.	2.3 m (2.5yd)	4.6 m (5yd)	9.1m (10yd)
Crepe tension bandages 75 mm wide	4	Elastic support/compression bandage, 7.6 cm (3 in)	1	2	2
Sterile eye dressings, individually packaged	2	Eye dressing pad, sterile, and eye shield with elastic strap	2 sets	2 sets	4 sets
Antiseptic cleansing towelettes, individually wrapped	24	Antiseptic wound cleansing towelette, individually wrapped	25	50	100
Resuscitation barrier device, with one-way valve	1	CPR resuscitation barrier device, with one-way valve	1	1	1
Pairs of disposable surgical gloves	12	Examination gloves, disposable, medical grade, one-size, non-latex, powder-free	4 pairs	8 pairs	16 pairs
Waterproof waste bag	1	Biohazard waste disposal bag, single use	1	4	8
Pair of scissors	1	Bandage scissors, stainless steel (with angled, blunt tip) minimum 14 cm (5.5 in)	1	1	1
Pair of tweezers	1	Splinter forceps/tweezers, fine point, stainless steel, minimum 11.4 cm (4.5 in)	1	1	1
Tubular finger bandage with applicator	1	Splint, padded, malleable, minimum size 10.2 x 61 cm (4 x 24 in)	1	1	2
Inventory of kit contents	1	Contents list	1	1	1
First aid instruction manual (condensed)	1	Antibiotic ointment, topical, singular use <u>NEW</u>	6	12	24
<u>NO LONGER REQUIRED</u>		Cold pack, instant (or equivalent) <u>NEW</u>	1	2	4
Safety pins, assorted sizes <u>NO LONGER REQUIRED</u>	12	Compress/pressure dressing with ties, sterile, 15.2 x 15.2 cm (4 x 4 in) <u>NEW</u>	1	2	4
		Emergency blanket, aluminized, non-stretch polyester, minimum 132 x 213 cm (52 x 84 in) <u>NEW</u>	1	2	2
		Gauze pad, sterile individually wrapped, 10.2 x 10.2 cm (4 x 4 in) <u>NEW</u>	6	12	24
		Glucose tablets, 4 g (10 per package) or acceptable alternative <u>NEW</u>	1 pkg	2 pkg	2 pkg
		Hand/skin cleansing towelette, individually wrapped (or equivalent) <u>NEW</u>	6	12	24
		Non-adherent dressing, sterile, individually wrapped, 5.1 x 7.6 cm (2 x 3 in) <u>NEW</u>	4	8	16
		Tourniquet, arterial <u>NEW</u>	1	1	1

Type 3 kits are for intermediate first aid in higher risk work environments. Small kits are for two to 25 workers per shift; medium, 26 to 50 workers per shift; large, 51 to 100 workers per shift. Consult Tables 5, 6 and 7 in Schedule 2 of the Occupational Health and Safety Code directly to know what first aid kit is required at your work site.

Change highlights: First aid – Part 11 in the OHS Code